

Ways to Boost Your Immune System & Prevent Viruses & Infection

Argentyn 23 Spray – \$23.00

Argentyn 23 has natural anti-viral and anti-microbial properties. This is a professional formulated liquid that is safe for children and adults. 1 tablespoon once a day for prevention, 1 tablespoon 3x per day for symptoms. It also comes in a spray which works as a natural, anti-bacterial hand sanitizer. Should someone cough or sneeze on you, it can be sprayed in nose and mouth for prevention.

Biocidin – \$60.00

Potent broad-spectrum botanical compound designed to support the entire immune system. Strong anti-viral compound. 1-3 drops in the mouth 3x per day for prevention. 3-5 drops 3x per day if symptoms are present.

Vitamin D3-K2 – \$25.00

Vitamin D is important to many functions in the body including immunity. 5000 mg per day for prevention. If symptoms are present, you can take up to 10,000 mg per day until symptoms are no longer present, then reduce.

Strengtia Probiotics – \$48.00

Help give your immune system a boost and inhibit the growth of harmful gut bacteria. Can help promote the production of natural antibodies in the body.

For Additional Immune Support

Buffered Vitamin C – \$18.00

For prevention, the dose should be between 2,000-3,000mg daily in divided dosages. If you get loose stools, your taking too much.

Quercetin – \$38.00

Is known for its antioxidant activity in radical scavenging and anti-allergic properties. Stimulates the immune system, antiviral activity, inhibits histamine release & decreases pro-inflammatory cytokines. Improves your oxygen and good for bronchial infection. 500mg daily for prevention. If symptoms are present 500mg 3x per day

Trizomal Glutathione – \$70.00

The mother of all antioxidants. 175mg once daily for prevention. If symptoms are present, 175mg up to 3x per day.

There is certainly a host of other herbal combinations this is what we recommend. The above recommendations are not meant to be medical advice as exact dosages. Dosages can vary according to individual symptoms, age and weight. You should consult your health care practitioner who is knowledgeable about natural remedies.

The quality of the product is very important. Any products we recommend we use the litmus test of returning customers. We also use the products ourselves to make sure we are recommending the best for our patients

At this time, we recognize that we are bombarded with information. However, to share some interesting Facts: Outside of Hubei Province China, the fatality rate appears to be likely no more than 1-2 %. To reframe that 98-99% of individuals who contract this coronavirus will recover. The CDC published from Sept. 2019 to March 7, 2020, there have been 22,000-55,000 deaths reported by the CDC website. The Bird Flu has a 50% mortality rate.

I hope this information will help you to have a healthy and happy Spring. God Bless

Dr. Miguel Cruz

This is not meant to treat or diagnose. The purpose of this is to educate and inform on ways to boost your immune system and prevent viruses and infections